



**FOR IMMEDIATE RELEASE**

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**Alabama State Representative Meets, Thanks Women In Training  
Co-Founders for Bringing Her Attention to Bill That Would  
Require Schools to Provide Free Feminine Hygiene Products**

MONTGOMERY, Ala. – State Rep. Rolanda Hollis, who recently introduced a [bill](#) in the Alabama Legislature that would require schools serving students in grades five through 12 to provide free menstrual hygiene products in their restrooms, will meet with the co-founders of Women In Training, Inc. (WIT) today to thank them for bringing her attention to the need for this legislation and for their hard work.

**Hollis will meet with WIT co-founders Brooke and Breanna Bennett at 1:30 p.m. on Wednesday, Feb. 19, at the Alabama State House, 11 S. Union St. in Montgomery.**

Brooke Bennett proposed the idea for the bill to Jenna King-Shepherd, Alabama state director of Planned Parenthood Southeast, who then shared the idea with Hollis, who accepted it and introduced the legislation. Brooke recently won a [Prudential Spirit of Community Award](#) for co-founding WIT.

“I am consistently impressed at the doors opening to Brooke and Breanna Bennett,” said Barbara J. Wells, Esq., president and chair of the WIT Board of Directors. “While adults were not as quick as these girls to perceive the need, they are quick to join the cause thanks to the powerful message the girls deliver.”

WIT's signature program is the WITKITS Campaign to provide free menstrual, hygiene and dental products to young, low-income people who menstruate. Since its founding in July 2019, WIT has given away nearly 300 WITKITS to girls in need.

On Feb. 13, WITKITS were distributed to girls in need at Common Ground Montgomery, a nonprofit, non-denominational Christian community organization that focuses on youth development and leadership. In November, WITKITS were distributed to girls at That's My Child, another nonprofit youth organization. In September, WITKITS were distributed to local girls who participate in the after-school program at New Beginnings Educational Center. Girls who receive products at WIT distribution events continue to receive WITKITS every month.

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### **About Women In Training**

*One in five American girls and young women skip school or miss work because they cannot afford sanitary pads or tampons to stay healthy and clean during their period. To alleviate period poverty, Women in Training, Inc. (WIT) provides monthly donations of #WITKITS® – canvas bags full of menstrual, hygiene and dental products – to at-risk girls, young women and nonbinary youth. WIT also provides educational information programs about menstruation for girls and publishes the brochure, “A Young Woman’s Guide to the Menstrual Cycle.” For more information, see [www.womenintraining.org](http://www.womenintraining.org)*